

Dr Beijing Newsletter

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A good way to help your health

Traditional Chinese Medicine (TCM) has a long history and high practical value. In remote antiquity, Chinese ancestors created primitive medicine during their struggles against nature. The theories of TCM mainly come from practice and have been continually enriched and expanded. TCM is a completely natural way to treat the root of the illness rather than just control the symptoms. It is suitable for all chronic and complicate disease and general health care. These medical treatments include acupuncture, massage and herbal medicine.

Arthritis, Asthma, Depression, Eczema and Psoriasis are popular illness which people are suffering. Painkiller, steroid, anti-depression tablets, antihistamine or some cream are commonly used to control the symptoms. With the time going, these problems become to chronic disease and those medicines seem lose their power. Alternatively, acupuncture and Chinese Herbal Medicine has thousands years history to help people's health. For treating all kind illness, They have more priority as they are safe, effective. They can help to solve the problem radically, and keep the body naturally balance.

No pain killer for pain, no sleeping pills for insomnia, no anti-histamine for Eczema, no inhaler for Asthma and much more.